

WEEKLY MENU

KINGSDOWN WEEK 1



Monday

Tuesday

Wednesday

Thursday

Friday

ITS A WRAP

BURGER BAR

ROAST OF THE WEEK

CURRY BAR

FRIDAY FISH BAR

Beef, Chicken or Vegetable Wrap served in a Tortilla

Beef Burger or Crispy Battered Chicken Burger served in a Brioche Bun

Roast beef served with a Yorkshire Pudding & Gravy

Chicken Jalfrezi

Baked Battered Fish Fillet served with Fresh Lemon Wedge & Tatar Sauce

Freshly made Seasonal Salad & Rainbow Coleslaw

Vegetable Burger served in a Sesame Bun

Cauliflower Cheese

Spinach and Potato Bhaji

Chefs Choice

Natural Yoghurt Dip & Chilli sauce

Homemade Chunky Wedges

Roasted Potatoes

Pilau Rice

Chunky Chips

Baby New Potatoes with Chives

Salad Garnish with a Choice of Relish

Selection of Seasonal Vegetables

Curry Tray Accompaniment & Poppadoms

Baked Beans/Garden Peas

Jacket Potato with a Choice of Fillings

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Caribbean Pineapple & Coconut Crumble with Custard

Chocolate Brownie Slice

Eves Pudding and Custard

Lemon Cheesecake

Homemade Chocolate Shortbread Biscuit

WEEKLY MENU

KINGSDOWN - WEEK 2



Monday

SAUSAGE BAR

Cumberland or Quorn Sausages with Onion Gravy

Quorn Sausage with Onion Gravy

Fluffy Mashed Potato

Vichy Baton Carrots / Garden Peas

Jacket Potatoes with a Choice of Fillings

Homemade Apple Cake Muffin

Tuesday

CAMDEN MARKET BAR

Barbecue Pulled Pork or Chicken in a White Bap

Roasted pepper, Red Onion & Tomato Wrap

Peri Peri Homemade Potato Wedges

Seasonal Salad / Spicy Rainbow Coleslaw

Jacket Potatoes with a Choice of Fillings

Warm Carrot & Orange Cake

Wednesday

ROAST OF THE WEEK

Roast Leg of Pork served with Stuffing, Crackling & Apple sauce

Vegetable Bake

Roasted Potatoes

A Selection of Seasonal Vegetables

Jacket Potatoes with a Choice of Fillings

Jam & Coconut Sponge with Custard

Thursday

MEXICAN BAR

Chilli Con Carne served with Braised Rice

Vegetable Chilli

Sour Cream Dip, Tortilla Chips & Grated Cheese

Jacket Potato with a Choice of Fillings

Fresh Melon Slice

Friday

FRIDAY FISH BAR

Baked Fish Cake served with Fresh Lemon Wedge & Tartar Sauce

Chefs Choice

Chunky Chips

Baked Beans / Garden Peas

Jacket Potato with a Choice of Fillings

Raspberry Yoghurt

A Selection of freshly made Baguettes, Sandwiches, Wraps & Rolls

WEEKLY MENU

KINGSDOWN SCHOOL - WEEK 3



Monday

Tuesday

Wednesday

Thursday

Friday

CHINESE NOODLE BAR

ITALIAN TUESDAY

ROAST OF THE WEEK

STREET FOOD BAR

FRIDAY FISH BAR

Hot & Sour Chicken served
with Vegetable Soy Noodles

Spaghetti Carbonara

Roast Breast of Turkey
served with Stuffing &
Cranberry Sauce

Tandoori Chicken Pitta Bread
filled with Salad & Mint
Yoghurt

Baked Fish Filet served with
Fresh Lemon Wedge & Tartar
Sauce

Chow Mein Vegetable
Noodles

Margherita Pizza Slice

Roasted Vegetable Pastry
Parcel

Southern Fried Chicken
Drumsticks with Homemade
Potato Salad

Chefs Choice

Boiled Lemon Rice

Focaccia Bread

Roasted Potatoes

Sweet Potato Fries

Chunky Chips

Prawn Crackers

Italian Mixed Salad with a
Garlic Dressing

A Selection of Seasonal
Vegetables

Mexican Style Corn

Garden Peas / Baked Beans

Jacket Potatoes with a Choice
of Fillings

Jacket Potato with a Choice of
Fillings

Jacket Potatoes with a Choice
of Fillings

Jacket Potatoes with a Choice
of Fillings

Jacket Potato with a Choice of
Fillings

Ginger Sponge with Custard

Coffee Cake with Cappuccino
Butter Cream

Creamy Rice Pudding with a
Mixed Fruit Jam Sauce

Homemade Chocolate Chip
Cookie

Cherry Shortbread Slice

Available daily

A Selection of Freshly Made Baguettes, Sandwiches, Wraps and Rolls

HARRISON
food with thought