

WEEKLY

MENU

KINGSDOWN SCHOOL - AUTUMN WEEK TWO



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Tikka Wrap served with a Raita Dip

Homemade Minced Beef Lasagne

Roast Pork, Stuffing and Apple Sauce

Chicken Burger in a Bap

Oven Baked Fish Fillet with Lemon Wedge and Tartar Sauce

Indian Spiced Chickpea and Sweet Potato Wrap

Homemade Veggie Mince Lasagne

Roasted Vegetable Puff Pastry Parcel

Homemade Cheese and Onion Quiche

Breaded Vegetable Burger

Curried Potato Wedges

Seasonal Salad/Coleslaw

Roast Potatoes

Potato Wedges

Chunky Chips

Seasonal Salad/Mango Chutney

Garlic Bread Slice

A Selection of Seasonal Vegetables

Seasonal Salad/Homemade Coleslaw

Baked Beans/Garden Peas

Pasta served with a selection of Homemade Sauces

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Jacket Potato served with a Selection of Fillings

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Homemade Blueberry Muffin

Lemon Drizzle Cake

Rhubarb Crumble served with Custard Sauce

Eton Mess

Strawberry Yoghurt Pot

Available daily

A Selection of Fresh Fruit Pots, Yoghurt Pots, Cheesecakes, Jelly Pots, Freshly made Baguettes, Sandwiches, Pasta Pots and Homemade Cakes and Cookies