

WEEKLY

MENU

KINGSDOWN SCHOOL- AUTUMN WEEK
THREE

Monday

Tuesday

Wednesday

Thursday

Friday

Meatballs Arrabiata with
Penne PastaCottage Pie with a Sweet
Potato Topping

Roast Gammon

Chicken Madras

Oven Baked Fish Fillet, Lemon
Wedge and Tartar Sauce

Homemade Macaroni Cheese

Potato and Spinach Layer
Bake

Oven Baked Quorn Sausages

Vegetable Samosa

Margherita Pizza Slice

Seasonal Mixed Salad

Sliced Carrots

Roast potatoes

Turmeric Rice

Chunky Chips

Sweetcorn

Garden Peas

A Selection of Seasonal
Vegetables

Mint Yoghurt Dip / Naan Bread

Baked Beans / Garden Peas

Pasta served with a Selection
of Homemade SaucesPasta served with a Selection
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of Homemade SaucesJacket Potato served with a
Choice of FillingsJacket Potato served with a
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Choice of Fillings

Cherry Shortbread

Lemon Curd Slice

Chocolate and Cherry Sponge
served with Custard Sauce

Bakewell Tart.

Fresh Melon Pot

Available daily

A Selection of Fresh Fruit Pots, Cheesecakes, Freshly Made Baguettes, Sandwiches, Pasta Pots and Homemade Cakes and Cookies