

WEEKLY

## MENU

## KINGSDOWN SCHOOL - WEEK ONE



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Spaghetti Bolognese with  
Parmesan CheeseHomemade Chicken & Leek  
Puff Pastry PieRoast Pork served with  
Stuffing Ball & Apple Sauce

Chicken Jalfrezi with Pilaf Rice

Battered Oven Baked Fish  
Fillet with Tartar SauceTomato & Pepper Pasta with  
Parmesan CheeseHomemade Winter Vegetable  
Puff Pastry Pie

Cauliflower &amp; Broccoli Bake

Cauliflower, Chick Pea, Onion  
& Tomato Korma with Pilaf  
Rice

Chef's Choice

Homemade Garlic Bread Slice

Buttered Parsley Potatoes

Roasted Potatoes

Curry Tray Accompaniment

Chipped Potatoes

Sweetcorn

Whole Green Beans or Baton  
CarrotsSelection of Seasonal  
Vegetables

Poppadom

Garden Peas or Baked Beans

Jacket Potato served with  
Baked Beans, Cheese or Tuna  
MayonnaiseJacket Potato served with  
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Baked Beans, Cheese or Tuna  
Mayonnaise

Mini Passion-fruit Cheesecake

Lemon &amp; Poppy Seed Slice

Mixed Berry Sponge &  
Custard

Iced Bakewell Tart

Citrus Cookie

## Available daily

A Selection of Homemade Baguettes, Sandwiches & Wrap  
Pasta Pots  
Salad Pots  
Fresh Fruit Pots  
Dessert & Yoghurt Pots