



## Knowledge



**Unit 1:** Starting secondary school, talking about feelings, developing communication skills, road safety and rights respecting schools..

**Unit 2:** Friendships, peer influence, verbal bullying and banter, online safety, online privacy

**Unit 3:** Respect, prejudice and discrimination, challenging stereotypes and community diversity.



## Knowledge



**Unit 4:** Personal health and hygiene, being fit and active, making good food choices, feelings and behaviour, use of social media, body image, self esteem, managing disappointment, breavement.

**Unit 5:** Changes at puberty, attitudes to alcohol, tobacco, vaping and cannabis. Grooming

**Unit 6:** How jobs are changing, green jobs, jobs relating to subjects, rules and laws, identity, democracy, decision making and connection



## Careers opportunities

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.

Year 7 **careers fair** - meeting a range of employers  
Year 7 **careers curriculum** - focus on range of jobs for the future, green jobs and where their subjects can go.  
Year 7 **careers talk** - 3 different employer talks over the year  
Drop in lunchtime sessions with the careers co-ordinator



## Year 7 only events

Year 7 Quiz

Year 7 Discos

Police talk - making safer choices

Year 7 culture day

Year 7 and 8 trip to the local pantomime //

# Year 7

## Personal Development

I take advantage of every opportunity

**pride**  
I am proud of who I am and our school.  
I take advantage of every opportunity

**stretch**  
I really want to learn and will stretch myself to achieve what I didn't think possible.

**respect**  
I am considerate. I care about others and my surroundings.  
I encourage and expect others to do the same.

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.

**challenge**  
I am curious, determined and resilient.  
Set myself a challenge and I will always rise to it.

**responsibility**  
We are all part of something special and I am not going to let us down.  
My attendance really matters.

**RIGHTS RESPECTING SCHOOLS**

**unicef**  
UNITED KINGDOM

**BRONZE - RIGHTS COMMITTED**

## Student Leadership opportunities

**BEAT award** - all can achieve

**Tutor reps** - democratically elected

**Year reps** - democratically elected

**Tutor conversations** - all can join in

**Transition ambassadors** - all can apply

**Peer educators** - all can apply

Charity, eco, rights respecting steering, champions of change **groups** - all can apply

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**RESPECT FOR CHILDREN'S VIEWS**

## Extra-curricular opportunities

### Sports

Football  
Netball  
Basketball  
Dodgeball  
Cricket  
Athletics  
Rounders  
Rugby



### Arts

Keyboard  
Choir  
Drama  
Art

### Other Clubs

Dungeons and dragons  
Learning lounge  
Creative writing



Manga  
Debate

### Lunch Clubs

Haven  
Young carers  
Board games  
Chess

## Drop down enrichment

Police talk on safer choices  
House sports (Football/ Netball)

Author visit

First Aid

Personal Finance

Culture day

Art

STEM

Sports Day



**KINGSDOWN SCHOOL**



## Knowledge



**Unit 1:** Connecting with others, employability skills, changing jobs, selling yourself, technology in the workplace.

**Unit 2:** Active listening, managing criticism and misunderstandings, accepting responsibility, online safety, online bullying building positive relationships.

**Unit 3:** Family relationships, positive self talk, media influence, mental health, anxiety, unhealthy comparison, promoting inclusion, extremism



## Knowledge



**Unit 4:** Relationship feelings, being ready for a relationship, relationships and the media, expectations in relationships

**Unit 5:** Substances and the media, alcohol, exploitation, gangs and knife crime, gambling, taking responsibility for health.

**Unit 6:** Government organisation, parliament, how we influence change, the media, environmental impacts and rights and responsibilities as a consumer



## Careers opportunities

Year 8 **careers fair** - meeting a range of employers including STEM

Year 8 **careers curriculum** - employability skills, changing job market, selling yourself, changing technology.

Year 8 **careers talk** - 3 different employer talks over the year

Drop in lunchtime sessions with the careers co-ordinator

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.



## Year 8 only events

Residential visit to Pencelli

Police talk - sexting

Year 8 culture day

Year 7 and 8 trip to the local pantomime

# Year 8

## Personal Development

I take advantage of every opportunity

## Drop down enrichment



Police talk on sexting  
House sports  
First Aid  
Personal Finance  
Culture day  
Art  
STEM  
Sports Day



**pride**  
I am proud of who I am and our school.  
I take advantage of every opportunity.

**stretch**  
I really want to learn and will stretch myself to achieve what I didn't think possible.

**respect**  
I am considerate. I care about others and my surroundings.  
I encourage and expect others to do the same.

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.

**challenge**  
I am curious, determined and resilient.  
Set myself a challenge and I will always rise to it.

**responsibility**  
We are all part of something special and I am not going to let us down.  
My attendance really matters.

RIGHTS RESPECTING SCHOOLS

unicef UNITED KINGDOM

BRONZE - RIGHTS COMMITTED

## Student Leadership opportunities

**BEAT award** - all can achieve

**Tutor reps** - democratically elected

**Year reps** - democratically elected

**Tutor conversations** - all can join in

**Sports leaders** - all can apply

**Peer educators** - all can apply

Charity, eco, rights respecting steering, champions of change **groups** - all can apply

12



RESPECT FOR CHILDREN'S VIEWS

## Extra-curricular opportunities

### Sports

Football  
Netball  
Basketball  
Dodgeball  
Cricket  
Athletics  
Rounders  
Rugby  
Tennis



### Arts

Keyboard  
Choir  
Drama  
Art

### Other Clubs

Dungeons and dragons  
Learning lounge  
Creative writing  
Manga  
Debate

### Lunch Clubs

Haven  
Young carers  
Board games  
Chess



KINGSDOWN SCHOOL



## Knowledge



**Unit 1:** Future careers, where subjects and lead careers, entrepreneur skills, working and illegal working.

**Unit 2:** Online behaviour, managing peer approval, abuse and bullying, isolation and mental health and support for mental health, positive uses of media.

**Unit 3:** What is the options process, how to choose options, money worries and financial debt.



## Knowledge



**Unit 4:** What are laws, how are laws made, can citizens change laws, how if the law applied to young people, drugs, knife and gang crime.

**Unit 5:** Substances and use, communities, emergency aid and medicine safety. Pornography, sexting, sleep relaxation and physical activity

**Unit 6:** Readiness for a sexual relationship, communication and consent, contraception, positive intimate relationships, STIs, unintended pregnancy and loss and the end of a relationships.



## Careers opportunities

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.

Year 9 **careers fair** - for post 16 and post 18 provision  
Year 9 **careers curriculum** - future careers, where option subjects can take them, options preparation, employability skills and being an entrepreneur.  
Year 9 **careers talk** - 3 different employer talks over the year  
Drop in lunchtime sessions with the careers co-ordinator



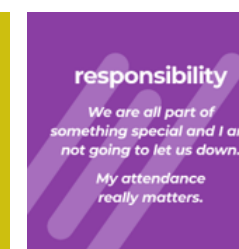
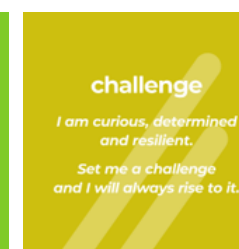
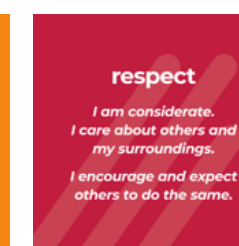
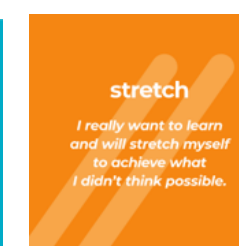
## Year 9 only events

Residential visit to Normandy  
Options tasters  
FearFree - domestic violence  
Police - Sexting talk  
Police/Ambulance - Blunt Truth - knife crime  
Police - Exploitation talk  
Year 9 post 16 and post 18 careers event //

# Year 9

## Personal Development

I take advantage of every opportunity



## Student Leadership opportunities

**BEAT award** - all can achieve

**Tutor reps** - democratically elected

**Year reps** - democratically elected

**Tutor conversations** - all can join in

**Perfects** - all can apply

**Senior students** - all can apply

**Peer educators** - all can apply

Charity, eco, rights respecting steering, champions of change **groups** - all can apply



## Extra-curricular opportunities

### Sports

Football  
Netball  
Basketball  
Dodgeball  
Cricket  
Athletics  
Rounders  
Rugby  
Tennis



### Arts

Keyboard  
Choir  
Drama  
Art

### Other Clubs

Dungeons and dragons  
Learning lounge  
Creative writing  
Manga  
Debate

### Lunch Clubs

Haven  
Young carers  
Board games  
Chess



## Drop down enrichment

Police talk on sexting  
Police talk on exploitation  
Blunt truth  
House sports  
First Aid  
Personal Finance  
Culture day  
Art  
STEM  
Sports Day





## Knowledge



**Unit 1:** Growth mindset, valuing diversity, extremism, gangs and grooming, risks of gangs, getting out of gangs.

**Unit 2:** Advertising, social media and regulation, dark web, pronography, values, influences, being a role model, hate crime, LGBTQ+, marriage partnership and rights.

**Unit 3:** Mental health - warning signs and triggers, stress anxiety and depression, supporting mental health, impact of loss and separation in relationships.



## Knowledge



**Unit 4:** Romantic relationships, safe sex, pregnancy and choices, young parenting, women's safety, substance and addition, life saving science.

**Unit 5:** Preparing for post 16, post 16 options, CV writing and selling yourself, interview skills, virtual WEX.

**Unit 6:** What is free press, impact of social media, misinformation, local and national democracy, different forms of government



## RS Themes

Existence of God  
Miracles  
Prayer  
Religious Dress  
Festivals

Goodness  
Life after death  
Problem of Evil  
Nature of God  
Forgiveness

Sanctity of life  
Abortion  
Euthanasia  
Social justice  
Human rights

## Careers opportunities

Year 10 **Aspirations week** - meeting a range of employers including STEM

Year 10 **careers curriculum** - preparing for post 16, cv writing, virtual WEX

Year 10 **talks** - colleges, apprenticeships, employers

**1-2-1 Careers guidance meeting**

Drop in lunchtime sessions with the careers co-ordinator

**ambition**  
I expect the best from myself.  
I have ambitious aspirations for my future.



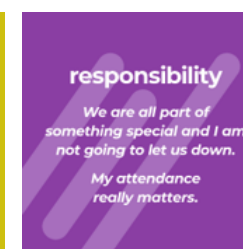
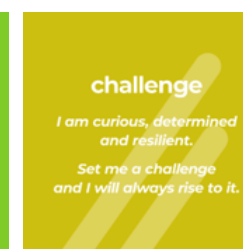
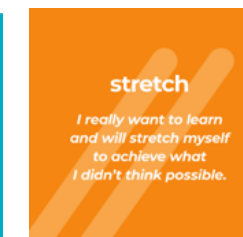
## Year 10 only events

University visits  
Mock interviews  
Employer workshops  
Bespoke WEX programme  
College visits  
Police - Exploitation talk

# Year 10

## Personal Development

I take advantage of every opportunity



## Student Leadership opportunities

**BEAT award** - all can achieve

**Tutor reps** - democratically elected

**Year reps** - democratically elected

**Tutor conversations** - all can join in

**Perfects** - all can apply

**Senior students** - all can apply

**Head Students** - all can apply

**Peer educators** - all can apply

Charity, eco, rights respecting steering, champions of change **groups** - all can apply



## Extra-curricular opportunities

### Sports

Football  
Netball  
Basketball  
Dodgeball  
Cricket  
Athletics  
Rounders  
Tennis  
Rugby  
Fitness



### Arts

Keyboard  
Choir  
Drama  
Art

### Other Clubs

Dungeons and dragons  
Learning lounge  
Creative writing  
Manga  
Debate  
Sport studies

## Drop down enrichment

Police talk on exploitation  
Aspirations week  
House sports  
First Aid  
Personal Finance  
Culture day  
Art  
STEM  
Sports Day



# KINGSDOWN SCHOOL



## Knowledge



**Unit 1:** Study, sleep and rest, applying to college, post 16 options, the future.

**Unit 2:** Developing resilience, preparing for change, managing an online profile, freedom of expression, being an adult, finding healthcare services



## Knowledge



**Unit 3:** Communication within a sexual relationship, the law in relationships, managing unwanted attention, sexual assault, impact of substance misuse, substances and risky sex, domestic abuse and safety and body enhancements.

**Unit 4:** Planning for goals and savings, getting paid, paying tax



## RS Themes

5 Pillars of Islam	Death penalty
Swarm	Life of Jesus
Hajj	Conflict
Crime and punishment	Just War
	Peace

## Careers opportunities

Year 11 **careers curriculum** - applying to college, post 16 options, qualifications, sleep study and rest  
Year 11 **meetings with** - colleges, apprenticeships, career co-ordinator.  
Online WEX

**second 1-2-1 Careers guidance meeting if needed**

Drop in lunchtime sessions with the careers co-ordinator



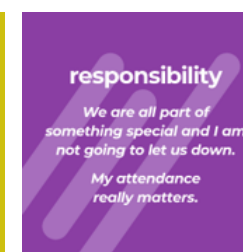
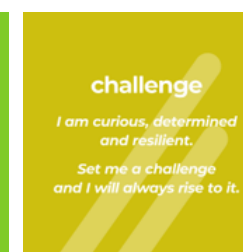
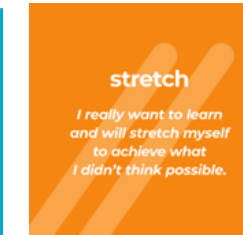
## Year 11 only events

WEX optional programmes  
Apprenticeship talks  
Revision days in holidays  
Food workshops  
ELEVATE - revision sessions

# Year 11

## Personal Development

I take advantage of every opportunity



## Student Leadership opportunities

**BEAT award** - all can achieve

**Tutor reps** - democratically elected

**Year reps** - democratically elected

**Tutor conversations** - all can join in

**Perfects** - all can apply

**Senior students** - all can apply

**Head Students** - all can apply

**Peer educators** - all can apply

Charity, eco, rights respecting steering, champions of change **groups** - all can apply



## Extra-curricular opportunities

### Sports

Football  
Netball  
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### Lunch Clubs

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Board games  
Chess



### Arts

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### Other Clubs

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Learning lounge  
Creative writing  
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Debate  
Sport studies