

WEEKLY

## MENU

KINGSDOWN SCHOOL - AUTUMN MENU  
WEEK ONE

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## A TASTE OF MEXICO

## ITALIAN STYLE TUESDAY

## ROAST OF THE WEEK

## A TOUCH OF SPICE

## FRIDAY FISH BAR

Chilli Minced Beef filled Tortilla

Homemade Beef Mince  
LasagneRoast Breast of Turkey served  
with Stuffing, Cranberry Sauce  
& GravyTandoori Chicken Biryani with  
Curry SauceBattered Fish served with  
Lemon Wedge & Tartar SauceMexican Style Spicy Re-Fried  
Bean filled TortillaHomemade Quorn Mince  
Lasagne

Autumn Vegetable Hot Pot

Vegetable Samosa with  
Biryani Rice

Chef's Choice

Shredded Lettuce Salad /  
Mexicali Dip / Tomato SalsaItalian Style Mixed Salad with  
Parmesan Cheese

Roasted Potatoes

Garlic &amp; Coriander Naan Bread

Chunky Oven Chips

Baked Mexican Style Potatoes

Buttered Sweetcorn /  
Steamed Parsley PotatoesA selection of Seasonal  
Vegetables

Curry Tray Accompaniment

Baked Beans or Garden Peas

Jacket Potato with a Choice of  
FillingsJacket Potato with a Choice of  
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Fillings

Churros

Carrot &amp; Sultana Muffins

Eves Pudding with Custard

Choc Chip Cookie

Homemade Shortbread Slice

WEEK ONE Commencing - September 2nd, September 23rd, October 14th, November 11th, December 2nd.