

30.3.2020

Dear Students,

The past week I am sure will have been a blur for many of you. There will still be mixed emotions and it will take time for the dust to settle. For now, please do take time to rest, recharge your batteries and adapt to this new way of living. We are exceptionally proud of each and every one of you – this has not been an easy thing to manage but you are a special year group and we know this will not stand in your way.



You may be wondering about other aspects of Leavers day – your hoodies and also the Prom. Students who have paid for leavers hoodies on Parent Pay will still receive them. If you would still like to order, please ensure you pay on Parent Pay by April 30th. You will also need to send an e mail to kwinwood@kingsdownschool.co.uk with your preferred colour and size by this date. The Prom is a very important event and we will at some stage look to run this for you, perhaps later in the year to allow you all to join together again. We will however have to wait for further updates from the Government about social gatherings. We will keep you updated on our plans for this event but rest assured, it is not cancelled.

Some of you will be ready to start thinking about life after Kingsdown and we want to support you in this as much as we can. For those that have applied for courses, we can assist some of you in preparing for these with reading material. We will share this with you after Easter. For the students who have not yet applied for a college course, sixth form place or apprenticeship, please use this opportunity to get applications completed and sent in. Your champion and Miss Humphries will be able to support you with this, please just ask for help as and when you need it. This should be completed by all students by mid-April at the very latest. Please try not to worry about exams and the results yet – as soon as we have further information, we will let you know.

It is also very important that you continue to look after your well-being and this will come in several ways:

1. **Keep physically active** – the advice to us all during this time is to do some exercise each day; a walk, run, cycle, yoga or even joining in with Joe Wicks on YouTube each day
2. **Connect with people** – keep in touch with friends, family members and also your teachers using your devices and social media apps. Please ensure you continue to follow government advice about social distancing but use this opportunity to chat using facetime, house party and zoom
3. **Keep Learning** – we are still waiting for final clarification on how grades will be calculated but coursework is likely to play a part in this. Where you can, please finish off work in the subjects you are able to. If you are yet to reach that all important grade 4 in English & Maths, keep working on these areas. Hegarty and specific tasks set by the English department are being updated and shared regularly. You may also take this opportunity to learn something new; a language; a skill or a new activity
4. **Take notice and give** – look after those around you – your family and close friends. Take notice of how each of you are coping and be a support to one another. Being at home is not always easy, take notice of when

people need some space and also when you need it as well. Give time to your family; make sure you interact with them and see the positives in these unforeseen circumstances.

In the meantime, we ask that you keep in touch. Reply to e mails from your champion and other key staff each week as we are keen to check that you are coping well and if you need any other support. Look after one another and stay safe,

With very best wishes

Mrs Leigh-Bennett

Mrs Lees

Miss Davis